

Jewelry Sizes

This form lists all of the important information for making sure all of your jewelry is the right size. Keep a copy for yourself and give one to your significant other. Most jewelers will help you find out your sizes if they're not too busy.

RING SIZES				
Note: Wide bands may need up to ½ size larger	Left Hand		Right Hand	
	Regular	WIDE	Regular	WIDE
Thumb				
Index				
Middle				
Ring				
Little				

Bracelets

My left wrist has a circumference of _____

To go over my left hand a closed bracelet has to have a diameter of _____

My right wrist has a circumference of _____

To go over my right hand a closed bracelet has to have a diameter of _____

Measure your wrist circumference with a cloth tape. 'Open' bracelets should be about 3/4" (2cm) longer to fit comfortably. If you don't have access to bracelet gauges you can use cups or other household objects to see what size circle your hand fits through.

Earrings

My left ear is pierced _____ times

My right ear is pierced _____ times

I like: Studs Dangle Long dangly earrings Hoops

Other: _____

I like necklaces in the following lengths: _____

My favorite materials are: _____